

Well Child Visits

- ◆ In-Office visits are **recommended** for children 2 and under
- ◆ In-Office visits are **required** for newborns & any well checks to keep children up to date on immunizations
- ◆ Other “Essential Well Visits” are offered in person

Telehealth in Psychiatry

- ◆ Is being offered to children and adults with Mental Health Consent
- ◆ Pediatric: Both Parent and Child must consent
- ◆ Adolescents: Requirement varies; most of the time, only the adolescent needs to consent

CHOC Coping Videos

- ◆ Visit the following website to view several videos that teach parents how to help their children use strategies for coping, such as breathing exercises, grounding exercises, visualization, etc.

English Only: <https://www.choc.org/content/video/?tag=coping>

